Vancouver metro

WEDNESDAY, MARCH 30, 2016

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TRANSLINK

Homeless deaths up by 70%

metroNEWS

Vancouver metro

Your essential daily news | WEDNESDAY, MARCH 30, 2016

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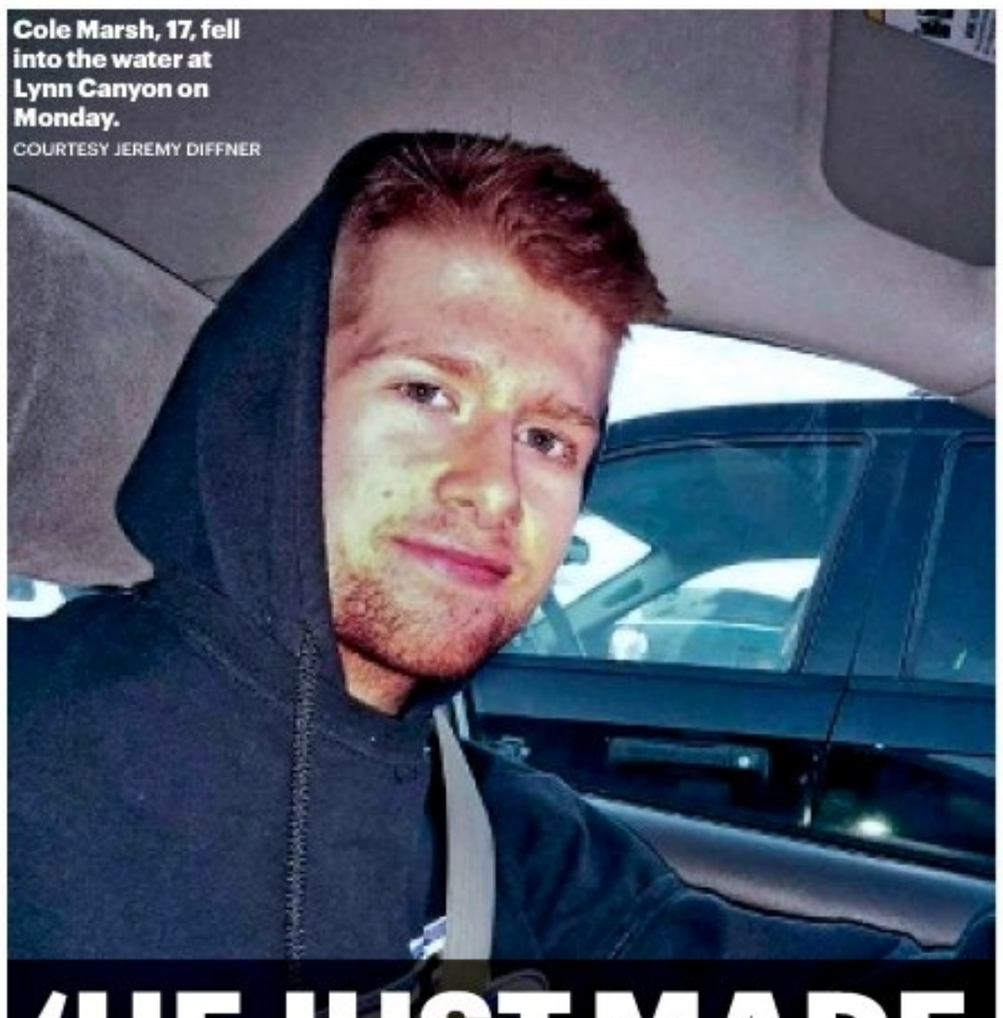


Cole Marsh, 17, fell into the water at Lynn Canyon on Monday.
COURTESY JEREMY DIFFNER

'HE JUST MADE YOU SMILE'

Best friend remembers teen who is presumed drowned

metroNEWS

Tenants told they had to move out so landlord's family could move in — then saw home listed on Airbnb

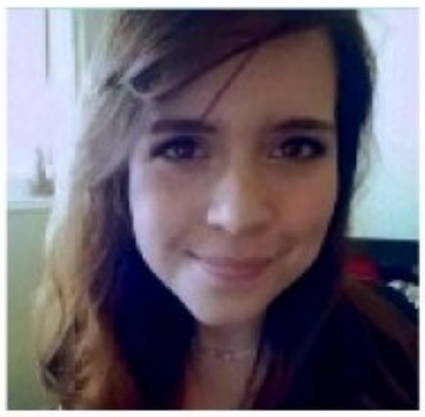
Emily Jackson
Metro | Vancouver

When Theresa Mansell and her two roommates got an email from their landlord in mid-February stating they had to vacate their Burnaby home so his family could move in, they were disappointed and made plans to leave at the end of March.

But they were suspicious about the reason for their eviction since a few weeks earlier, a photographer showed up to take photographs of the house for Airbnb, Mansell told Metro. At the time, the landlord assured them he was only listing the basement suite, not the upper level of the house they rented for $2,100 on a month-to-month lease.

"We ended up looking online and finding the ad for our actual place," said Mansell, a 24-year-old Emily Carr University student who is stressed about moving during final exams. "We were shocked and pretty angry about it."

Mansell's experience comes as Metro Vancouver municipalities grapple with rental vacancy rates near zero, leading politicians to question whether short-term rentals on websites such as Airbnb are taking rental units off the housing market.



Theresa Mansell CONTRIBUTED

Under B.C.'s Residential Tenancy Act, a landlord may evict tenants if their mother, father or children intend to occupy the suite. A tenant may be eligible for compensation if the landlord does not use the property in the way stated in the eviction notice within six months of the move-out date, according to B.C.'s Tenant Resource and Advisory Centre.

As of Tuesday morning, the listing for Mansell's house was available the day after the students move out (April 3). It was unavailable from mid-May to mid-June, but was otherwise listed for as low as $162 per night in April and up to $698 per night over the Canada Day long weekend.

"No wonder he wants to put it on Airbnb for the summer," Mansell said.

But the listings for the summer disappeared on Tuesday afternoon after Metro contacted the landlord via Airbnb.

"No, actually (it) is not available after end of April," the landlord wrote in messages on Airbnb (his full name isn't listed).

He said he was only renting the house on Airbnb for the month because the notice was for April 30, but the students wanted to leave at the end of March.

"The tenants were given way more than two months notice to which they happily agreed at the beginning of the year," he wrote. "I agreed to be nice to them and now I am trying to get some use for the space these loose days of April because my plans are for (the) end of April."

While the landlord disputes the tenants' side of the story, the fact that they accepted the eviction notice, regardless of its validity, and didn't appeal within 15 days means they might have a hard time winning a dispute at the Residential Tenancy Branch, according to Tom Durning at TRAC.

TRAC has only received one or two calls about Airbnb problems, he said, but they often hear about landlords evicting tenants under the guise of family use and then advertising the unit on Craigslist for a few hundred dollars more.

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metro NEWS
Your essential daily news

Quebec plane crash kills ex-cabinet minister Jean Lapierre. **Canada**

Friend gripped by guilt for fall

FATALITY

Rescuers say Lynn Canyon jump common but never safe

Thandi Fletcher
Metro | Vancouver

As police try to recover the body of a teenage boy presumed drowned after falling into the water near Lynn Canyon on Monday, a close friend of the victim says he feels "guilty" over the tragic death.

Around 4:30 p.m. Monday, North Vancouver RCMP received calls about a young man clinging to rocks above a pool of water near the bridge. Before rescuers could reach him, he fell, hitting the rocks before slipping into the water.

Friends confirmed his identity on social media as Cole Marsh, 17, of Coquitlam.

Jeremy Diffner, who was as close to Marsh as a brother for more than a decade, told Metro he was still reeling after learning about his friend's death through Facebook.

"I basically just lost my childhood best friend," the emotional 18-year-old said Tuesday. "As far back as I can really remember, it's always been me and Cole."

Describing himself and Marsh as "huge adrenaline junkies," Diffner said they spent almost every day cliff jumping at Lynn Canyon last summer.

Jeremy Diffner, right, with friend Cole Marsh, who is presumed drowned after falling in the water at Lynn Canyon on Monday afternoon. Diffner described himself and Marsh as "huge adrenaline junkies." COURTESY JEREMY DIFFNER

While he "regrets" introducing Marsh to the sport, Diffner said he always emphasized the importance of safety to his friend.

If the water was too cold or the current too strong, Diffner said, he wouldn't jump and discouraged friends from doing so. He said he would also never consider cliff jumping this early in the season, especially while there is still snow on the mountains.

"I really don't know why he went out yesterday without me," he said. "I always told him not to go out with other people because you're just going to make a dumb mistake and regret it."

Describing Marsh as the happiest guy he's ever met, Diffner said he will always cherish his friend's ability to put a smile on someone's face.

He said Marsh helped support him when his father died six years ago.

"I hadn't smiled in weeks, and I'd go hang out with Cole, and he just made you smile and laugh," he said. "What he could do to someone to cheer them up was just amazing."

Diffner, who works in construction for Marsh's dad, said he last saw his friend on Thursday at a job site.

He said they both hugged that day, which he said was "funny" as they rarely hugged.

He said Marsh's family is still in shock over his death. His father didn't show up at work on Tuesday, and his mom has been inconsolable since receiving the news.

"She's just been crying, which is understandable," he said. "She just lost her only child."

On Tuesday, high water levels at Lynn Canyon forced the RCMP to put efforts to recover Marsh's body on hold. Mounties said they are continuing to monitor the water levels and will attempt to recover the body once it is safe.

> **"I really don't know why he went out yesterday without me.**
> Jeremy Diffner

While he acknowledged that cliff jumping is common at Lynn Canyon, North Shore Rescue team leader Mike Danks said it's never a safe activity.

"Time and time again, we have these incidents where young individuals are doing these jumps ... and they pay the price with their life, which is so unfortunate," he said. "Even in ideal conditions, we will not endorse it."

Danks said too many young people seem to get pressured into taking part in dangerous jumps from the cliffs in Lynn Canyon. Even he was injured while cliff jumping in the area when he was younger and had to be rescued by firefighters, he said.

"Unfortunately, Lynn Canyon has claimed a lot of lives in the past," he said, adding that he has been involved in six rescues there in his time with North Shore Rescue.

"We always want people to go out and enjoy the outdoors, but it needs to be done safely."

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UBC faculty cast a vote of no confidence

UNIVERSITY

Board accused of not acting in best interest

The University of British Columbia's faculty association has passed a resolution of non-confidence in the institution's board of governors amid ongoing turmoil prompted by the abrupt resignation last summer of former president Arvind Gupta.

A week-long electronic ballot closed Tuesday with 800 faculty association members voting in favour and 494 members voting against. There were more than 3,000 eligible voters.

Association member Kalina Christoff said while the motion has no legal impact on the board, it's a symbolic gesture intended to send a message about the extent of the faculty's dissatisfaction.

"Hopefully, knowing that they are operating without full agreement — and in fact with majority disagreement — on their operations is something that will generate a greater motivation for change in the way the university is run," said Christoff, a psychology professor.

The board did not respond to a request for comment Tuesday.

The university has been gripped by a governance crisis since last August when Gupta suddenly resigned one year into a five-year term. The school inadvertently released correspondence in January that revealed some board members held secret meetings with Gupta leading up to his departure.

The revelations angered some professors, who launched the petition for a non-confidence vote over concerns the board had acted without oversight and against the school's best interests. The petition garnered hundreds of signatures and the resolution went to a vote after a meeting last week. THE CANADIAN PRESS

UBC's Vancouver campus METRO FILE

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PUBLIC SAFETY

Police ticket 1,600 distracted drivers ... in one month

Emily Jackson
Metro | Vancouver

Vancouver drivers apparently can't leave their cellphones alone — and they're paying the price.

Police issued more than 1,600 distracted driving tickets to drivers using their cellphones behind the wheel in the month of March alone, Vancouver police spokesman Const. Brian Montague said in a news release Tuesday.

The ticketing blitz was part of a month-long distracted driving campaign held by police, ICBC and the province.

Distracted driving is the second leading cause of car crash deaths in B.C., according to ICBC.

Tickets for distracting driving cost at least $167 and can cost drivers three points. Texting, emailing or even holding a cellphone can land drivers with a ticket. (New drivers aren't allowed to use hands-free devices, either.)

If the driver endangers others, the charges can jump to careless or dangerous driving.

Police will continue to look for drivers using their cellphones at the end of the campaign.

Distracted driving is the second leading cause of car crash deaths in B.C., according to ICBC. JENNIFER GAUTHIER/METRO FILE

WEST END

Early morning fire badly injures man

One person has been badly burned and as many as 100 residents have been forced from their suites in Vancouver's West End, after an apartment fire.

The blaze broke out just after 5 a.m., in the five storey, wooden building (on Pacific Street, near Thurlow Street.)

Vancouver Fire and Rescue Chief Jonn McKearney says a man was pulled unconscious from a fourth floor suite and has been rushed to hospital.

Apartments on either side of the burned unit have also been damaged, but McKearney says crews were able to put out the flames just minutes after arrival.

Everyone else got out safely, but McKearney expects it will be at least several hours before residents can return.

A cause of the fire remains undetermined. THE CANADIAN PRESS

Donors for blood products could be paid

HEALTH

B.C. considers compensation despite Quebec, Ontario bans

Health Minister Terry Lake is open to allowing a pay-for-plasma clinic in British Columbia, saying the province already gets about 85 per cent of its supply from the United States, where donors are paid for blood products.

He said Winnipeg is among the Canadian cities that have such a clinic and that the practice could happen in B.C.

"We just need to ensure that if something like this were to happen that all the quality parameters are in place and both the donors and recipients can be assured that this is the highest-quality kind of practice in the world," Lake said.

Canadian Plasma Resources, which does not operate the Winnipeg clinic, opened a facility in Saskatoon last month and is considering expanding to B.C.

That has prompted Lake to consult with Canadian Blood Services, the not-for-profit organization that manages the supply of blood and blood products across the country, except in Quebec.

The B.C. Health Coalition has called on the province to follow the lead of Ontario and Quebec, which have banned pay-for-plasma clinics.

The federal NDP also wants Ottawa to ban private, for-profit plasma clinics, citing safety concerns, after Saskatchewan's health minister recently said he supports the clinic in that province.

Federal Health Minister Jane Philpott has said Canada's blood system is among the safest in the world and that the government has examined the issue in great detail to ensure there are no compromises to the public's safety. THE CANADIAN PRESS

Health Minister Terry Lake JENNIFER GAUTHIER/METRO FILE

WEATHER

Special avalanche warning issued

Backcountry snowmobilers and skiers are being warned about the increased risk of avalanches this week in British Columbia and Yukon.

Avalanche Canada says a forecast calling for warm weather until Friday is expected to affect the Yukon to the United States border and the Pacific to the Rockies.

It says deep, catastrophic avalanches can occur when warm weather breaks down the bonds that bind snow layers together.

People venturing into the backcountry are being advised to start their trips early in the morning when it's still cold and before the sun rises and to be out of avalanche terrain by the early afternoon.

They should also carry an avalanche transceiver, probe and shovel.

Avalanche Canada says people often underestimate the hazard and fail to manage risk appropriately when the sky is clear. THE CANADIAN PRESS

Skiers pass an avalanche notification board at Seymour Provincial Park. JENNIFER GAUTHIER/METRO FILE

CHILD SUPPORT

B.C. relaxes child care subsidy eligibility rules

The Children's Ministry says child support payments will no longer be part of the calculations that determine child care subsidies for low-income families in British Columbia.

The ministry says the change on Friday will put more money in the pockets of about 900 families that become eligible for subsidies or increases to their existing subsidies.

Families can receive a maximum of $750 a month per child, depending on their income, size, ages of children and child care needs.

Children's Minister Stephanie Cadieux says low-income parents who receive child support payments shouldn't be penalized when applying for additional support.

The ministry says the change makes the subsidy program fair and efficient.

It says 2,400 new licensed child care spaces have been created since November 2014 and another 1,850 spaces are expected by late 2017. THE CANADIAN PRESS

ADVERTISING FEATURE

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Kardovite was developed by pharmacist Sam Ibrahim both as a heart tonic and to support the peripheral circulatory system. Sam was educated as a pharmacist in Germany and had studied herbal medicine for 5 years as part of his training. In 1968, Sam and his family Immigrated to Edmonton. Shortly after arriving, Sam opened his own pharmacy and unlike any other pharmacy at the time, he carried herbal medicines from Germany.

SAM IBRAHIM

People who came to the pharmacy were very curious and had many questions regarding his formulas. He explained to them that the herbs were used for coughs, kidney and bladder infections, upset stomachs and other various ailments, and he slowly persuaded his customers to try natural remedies.

"I began a competing product in 2003. I switched to Kardovite six years later after hearing it recommended by a doctor on a radio show I listen to regularly. Kardovite has improved my health greatly and works much better than the product I was using before."

Eleanor White

Fast forward to 1999 and Sam had become a very well-known and respected Edmonton pharmacist recognized nationally for his herbal medicine expertise. That year, Sam was approached by the head of a local patients' association to develop a product which could potentially help people on Chelation therapy.

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"My doctor recommended Kardovite and told me that he and his entire family were using the product. I've been using Kardovite for 4 years now - it works better than other products I've tried and I feel better overall since I've started using it."

Marko Vukovic,
35, Toronto, Ontario

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Claudine Koyich,
81, Kitchener, Ontario

Kardovite has since been approved for sale by Health Canada as a heart tonic and to help support peripheral circulation. Today Sam is retired and lives in BC, and his son Farid continues his father's work.

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B.C. sees spike in street death

HUMAN RIGHTS

Advocates say province lacks strategy to end homelessness

Tereza Verenca
For Metro | Vancouver

New data suggests there's been an alarming increase in deaths among British Columbia's homeless population.

At least 46 homeless people died in B.C. in 2014, a 70 per cent increase from the year before, according to a report released Tuesday by Megaphone Magazine.

The study, titled Still Dying on the Streets, uses the latest data available from the B.C. Coroners Service.

"The high cost of housing, the lack of affordable housing and a lack of social and health supports have led to the crisis and this increase," said Sean Condon, Megaphone's executive director, on Tuesday. "This is an under-count. According to the coroners service, the true number is at least twice as high."

The Fraser region recorded the most homeless deaths of the count: 14, a 100 per cent increase from 2013.

Condon called on all levels of government to take immediate action, including the implementation of a poverty-reduction strategy and a national housing plan. Governments, he said, should also commit to building more shelters and social housing, establish more supervised injection sites, as well as repeal anti-harm reduction and anti-camping bylaws.

"We are not seeing dollars assigned with a clear goal of ending homelessness in Canada," said Judy Graves, former City of Vancouver homeless advocate. "There's money sort of loosely thrown at a problem, and at the same time we're losing housing. Every time a rooming house is torn down, that is a loss of housing to low income tenants."

Loretta Sundstrom's daughter Anita Hauck died last September after climbing inside a clothing donation bin to grab a jacket and blanket for a fellow homeless person. Prior to her death, Hauck was a spokesperson for the homeless tent city on Cliff Avenue in Maple Ridge.

She was a week away from getting into an apartment when she died.

"It was hard for her, but she was always helping other people," Sundstrom said. "I just want people to know there are decent people out there who are homeless, and you can't judge a person by the way they look. If she had gotten a place to stay, she could have done anything with her life."

Loretta Sundstrom's daughter Anita Hauck died last year after getting stuck in a donation bin, trying to get a jacket and blanket for a fellow homeless person. TEREZA VERENCA/FOR METRO

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HOUSING

Ministry scraps 'bad idea' of making hotel a shelter

The provincial government's plans to buy a Maple Ridge hotel and turn it into a homeless shelter have been scrapped.

Rich Coleman, the minister responsible for housing, announced on Tuesday his ministry will no longer proceed with the purchase of the Quality Inn on Lougheed Highway near 216th Street. Instead, $15 million will be put toward a long-term, low-barrier shelter and housing facility once an "appropriate location" is determined.

"It was a bad idea, and I'm not sure how we got to where we got to. It certainly would have affected a lot of businesses in town," said Coun. Gordy Robson, one of two councillors who opposed the initial resolution calling for the revamp of the Quality Inn.

"But I'm very, very pleased. I think we're going to go ahead and have a proper, lengthy consultation period and select the purpose-built location and then have a discussion of what that thing will look like."

The province is also working with the city to extend the opening of the 40-bed temporary shelter, originally set up for the homeless people who had to leave their tent camp on Cliff Avenue last October.

Rich Coleman, the minister for housing, said $15 million will be put toward a shelter and housing facility. MATT KIELTYKA/METRO FILE

"Addressing homelessness involves the co-operation and support of many partners, and we will continue to work with the community to assist those who are homeless or at risk of homelessness," Coleman said in a press release.

As with other similar facilities, the city will provide the land to the province and waive any development charges. The public will also be consulted before any site is confirmed.

For Robson, he couldn't speculate on a possible location but did say it comes down to spending more time in getting this vulnerable population off the street and giving them the opportunity to "get their life back."

"These people are sick, not criminals," he said.

TEREZA VERENCA/FOR METRO

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Green MLA calls for fracking ban

ENVIRONMENT

Study links fracking to earthquakes in B.C., Alberta

Tereza Verenca
For Metro | Vancouver

The leader of the B.C. Green Party is calling for a moratorium on horizontal fracking in the province, the same day a study published by Canadian researchers suggests hydraulic fracking of oil and gas wells causes earthquakes in Western Canada.

"Other jurisdictions, like Quebec, New York, New Brunswick and Nova Scotia have already suspended the practice and B.C. should follow suit," said Andrew Weaver, MLA for Oak Bay-Gordon Head.

Fracking involves pumping high-pressure fluids underground to create tiny cracks in rock to release natural gas or oil. Scientists had previously concluded that oil patch activity can cause earthquakes by making it easier for faults in underground rock to slip, but didn't know whether the Canadian quakes were caused by fracking or by the disposal of waste water by injecting it underground.

The new research, set to be published in the journal of Seismological Society of America, concludes the former. The geophysicists began with a database of more than 12,000 fracked and disposal wells drilled between 1985 and 2015. They cross-referenced that with another database of seismic events over that time.

> What is the risk of seismic activity to the country? To the local towns in the area? We just don't know.
> Andrew Weaver

"There are more earthquakes in Western Canada that are more related to hydraulic fracturing than wastewater injection by a factor of about two," said co-author David Eaton in an interview with The Canadian Press.

Weaver said given this new information, a moratorium would allow the province to make more evidence-based decisions when it comes to its plans for the development and export of liquefied natural gas (LNG).

"We're almost putting the cart ahead of the horse, and what (the research) is saying is we're putting the cart ahead of the horse, but we don't even have a horse. You have to know what you're doing before you do it," he added.

"What is the risk of seismic activity to the country? To the local towns in the area? We just don't know."

In January, Fox Creek, Alta. experienced a quake measuring between 4.2 and 4.8 on the Richter scale. The community, located in the centre of the Duvernay oil and gas field, has been the site of hundreds of similar shakers since 2013.

WITH FILES FROM THE CANADIAN PRESS

A fracking test site at Northern Lights College in Fort St. John, B.C. MATT KIELTYKA/METRO

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CONSTRUCTION

Work on Lions Gate Bridge resumes, without the 'bump'

Thandi Fletcher
Metro | Vancouver

Construction is starting on the Lions Gate Bridge in early April, but there's no need for drivers to fret just yet. Officials promise the dreaded "bump" that brought traffic to a crawl last summer will not be back.

B.C.'s Ministry of Transportation and Infrastructure said Tuesday that rehabilitation work on the south tower of the Lions Gate Bridge will start in early April to replace the expansion joint.

During construction work on the bridge last August, a temporary cover that came to be known as the "bump" slowed traffic and caused headaches for drivers trying to cross the bridge. It even saw a spoof Twitter account called @LionsGateBump pop up.

But this time, the ministry said it has a plan to avoid creating another bump.

Workers are installing a temporary bridge cover and two 13-metre approach ramps on either side so the drive remains smooth with minimal delays for drivers, the ministry said.

Last August, a temporary cover placed by construction crews on the Lions Gate Bridge came to be known as the "bump" after it slowed traffic and caused major headaches for drivers trying to cross the bridge. TWITTER: @LIONSGATEBUMP

Crews will work below the bridge deck to replace the expansion joint, which has exceeded its design life and needs to be replaced, according to the ministry.

The ministry said the project is expected to take two months and cost $1.1 million.

Installation of the temporary cover will take place during the first weekend of April.

As a result, there will be a single-lane closure from 9 to 10:30 p.m. on Saturday, and single-lane alternating traffic from 10:30 p.m. April 2 to 9 a.m. April 3.

Drivers should expect delays during these times and are urged to consider an alternate route.

Starts Wednesday, March 30 to Sunday, April 3, 2016

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IN BRIEF

McKenna mum on details
Canada's environment minister Catherine McKenna wouldn't say how her government plans to meet its climate change commitments and also green-light new pipeline projects. She told reporters that Canada needs to de-carbonize its economy but stressed it won't happen overnight.

"We have made a lot of investments in green technology and clean technology and that's the direction of our government," she said. "But it's clear we also need jobs." THE CANADIAN PRESS

Fracking is behind quakes
New research suggests that hydraulic fracking of oil and gas wells is behind earthquakes caused by humans in Western Canada.

A study, published Tuesday by a group of Canadian researchers, says problems in Alberta and B.C. aren't being caused by injecting waste water underground. It's a major step in understanding seismic events.
THE CANADIAN PRESS

MONTREAL

Online video prompts security operation

It is "too soon" to say whether a police raid Tuesday at a Montreal home was prompted by a threat to national security, the RCMP says.

Cpl. Francois Gagnon, a spokesperson with Mounties, confirmed that the force is working "in collaboration" with the Montreal Police, who responded Tuesday morning to the threat of an explosive device in the Montreal neighbourhood of Pierrefonds-Roxboro.

But he said that it is the local police force which is leading the investigation into a suspected bomb threat.

The Journal de Montréal reported that the emergency response Tuesday was prompted by a video posted online that appeared to show an explosive device. La Presse reported that the video was flagged to police in Quebec City, who then alerted their colleagues in Montreal after tracing the IP address of the computer that posted the video.

Officers evacuated some 200 people from their homes in the vicinity of the target residence and also temporarily shut down a commuter train that stops in the neighbourhood.

Police survey the scene outside a home in the Montreal on March 29, 2016, in reaction to threats made on social media. THE CANADIAN PRESS

At the home, local police found and detained two people, "the suspect and the mother," but said they found no evidence of an explosive device.

Residents were allowed to return home at about 1:30 p.m. Tuesday.

The Mayor of Pierrefonds-Roxboro, Dimitrios Jim Beis, said he was concerned by suggestions of a risk to public safety, but confident in the police's ability to handle the probe.
TORSTAR NEWS SERVICE

The scene of the crash in a field on Quebec's Isle-de-la-Madeleine on Tuesday. TORSTAR NEWS SERVICE

Seven killed in plane crash

MAGDALEN ISLANDS

Ex-minister, family were travelling to father's funeral

Tragedy struck the tight-knit world of Canadian politics Tuesday after a plane crashed in Îles-de-la-Madeleine, Que., killing former federal Liberal cabinet minister Jean Lapierre, four members of his family and the two pilots of the aircraft.

The crash, which occurred as the chartered airplane was approaching the runway in poor weather conditions, was devastating for the Lapierre clan — those killed were on their way back to the remote island in the Gulf of St. Lawrence to attend the funeral of Lapierre's 83-year-old father, who had just died after suffering from Parkinson's disease.

Late Tuesday night, the Quebec coroner's office confirmed that in addition to Lapierre, the dead included: his wife, Nicole Beaulieu; his sister, Martine Lapierre; his two brothers, Marc and Louis Lapierre; as well as the pilots Pascal Gosselin and Fabrice Labourel.

Montreal Mayor Denis Coderre, who sat in the Liberal cabinet along with Lapierre between 2004 and 2007, said: "Jean had antennas everywhere in the world of politics" — something that was key to his success in his post-politics career as an analyst and commentator on Quebec radio and television.

"People were not scared to confide in him, to 'go in the confession booth,' as he liked to say. He maintained his neutrality and spared no one in his commentary, not even his former colleagues," Coderre said in a statement.

Indeed, once his death was confirmed Tuesday afternoon after hours of rumour and speculation, tributes poured in from Liberal and Conservative prime ministers, from sovereigntists who briefly called Lapierre a colleague in the lead-up to the 1995 Quebec referendum, and from the media world, which also claimed Lapierre as one of their own when he quit elected politics for good.

The federal Transportation Safety Board will be probing the cause of the crash, but a team of investigators was unable to depart Tuesday for the crash site due to the poor weather conditions, which included snow and driving winds, said Chris Krepski, a spokesperson with the agency.
TORSTAR NEWS SERVICE

TRAGEDY

Tributes pour in for Lapierre

Tributes poured in Tuesday for ex-federal cabinet minister Jean Lapierre following his death in a plane crash in eastern Quebec.

Many well-known Quebec journalists posted messages on social media during the day, begging Lapierre to say something to deny rumours he was on board the plane.

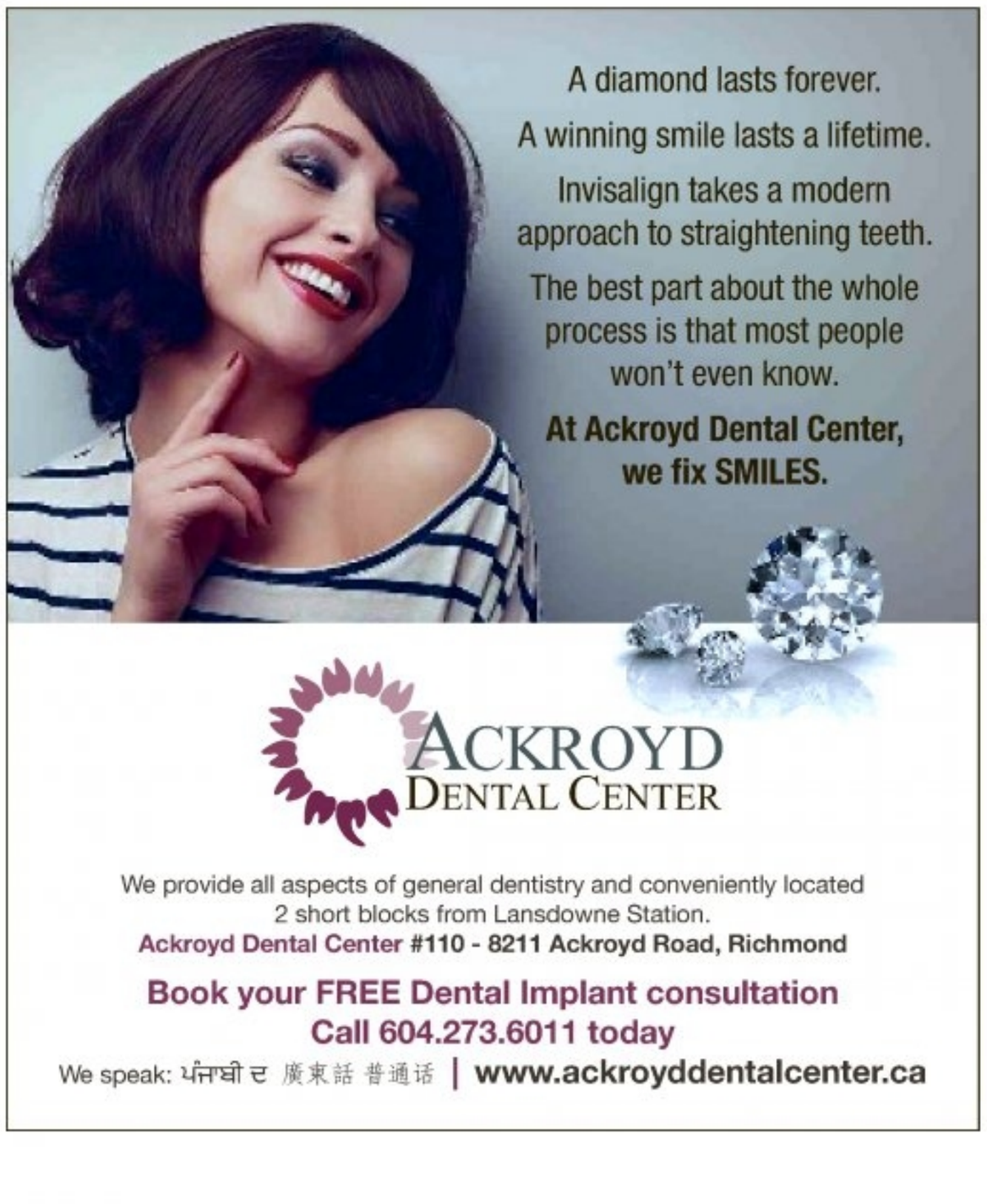
"He was above all a communicator," said Montreal Mayor Denis Coderre. "He could say a lot in a few words."

Politicians of all stripes also weighed in on the death of the 59-year-old, who first served as a Liberal MP in 1979 before switching to the Bloc Quebecois in 1990.

"An utter shock to learn of the death of Jean Lapierre and many family members," tweeted NDP Leader Tom Mulcair.

Conservative MP and former immigration minister Jason Kenney wrote on the social network, "Terrible news. Condolences to the loved ones of Jean and all of those lost aboard this flight. RIP." THE CANADIAN PRESS

Jean Lapierre
THE CANADIAN PRESS



TERROR

No more 'normal' in Brussels

Belgium's justice minister pleaded Tuesday for critics of Belgium's intelligence failures to focus on the hunt for those behind last week's Brussels attacks and November's massacre in Paris.

Investigators say they are still looking for at least one suspect in the attacks seven days ago, when suicide bombers killed 32 people at Brussels' airport and in a subway station near the European Union headquarters. Three suicide bombers also blew themselves up.

The Health Ministry and victims identification officials said 90 people remain in hospital, a third of them suffering from severe burns. In a joint press conference they said the 32 dead include 17 Belgians and 15 foreigners, while 44 of the wounded are foreigners from 20 nations.

Belgium has faced rising international criticism over its evident inability to identify and monitor Daesh activists living in the capital who have been deemed responsible both for the March 22 bombings in Brussels and the Nov. 13 attacks on Paris nightspots that left 130 dead.

Brussels Mayor Yvan Mayeur, who faces criticism for his own actions before and after the suicide bombings, said there is "no such thing as 'normal' anymore." THE ASSOCIATED PRESS

Policemen and soldiers at the entrance to Brussels' airport. AFP/GETTY IMAGES

Hijacking of EgyptAir flight ended peacefully

SECURITY

'Unstable' man wearing fake explosives

An Egyptian wearing a fake explosives belt who hijacked a domestic EgyptAir flight and forced it to land in Cyprus on Tuesday surrendered and was taken into custody after releasing all passengers and crew unharmed following an hours-long standoff.

Officials said early on that the hijacking was not an act of terrorism, and later that the man appeared to be psychologically unstable. However, the incident was likely to renew concerns about Egyptian airport security months after a Russian passenger plane was downed over the Sinai Peninsula in a bombing claimed by Daesh.

"From the start, it was clear that this wasn't an act of terrorism, and despite the fact that the individual appeared to be dangerous in terms of his behaviour, we understood that this was a psychologically unstable person," Cyprus' Foreign Minister Ioannis Kasoulides told reporters.

He said the man initially asked to speak with his Cypriot ex-wife, who police brought to the airport.

"After that, he started asking for European Union representatives to assure him about matters that had no logical basis," Kasoulides said.

At one point the hijacker demanded the release of women held in Egyptian prisons, but he then dropped the demand and made others. "His demands made no sense or were too incoherent to be taken seriously," the minister said, adding that the contents of a letter the hijacker wanted to give to his ex-wife "were also incoherent."

Egypt's Interior Ministry identified the hijacker as 58-year-old Seif Eddin Mustafa. It said he has a long criminal record, with charges including forgery, theft and drug possession. He had also served time in prison, it said. THE ASSOCIATED PRESS

A passenger leaves a hijacked EgyptAir aircraft after landing at Larnaca Airport in Cyprus on March 29, 2016. THE ASSOCIATED PRESS

MIGRANTS TENSIONS HIGH AT GREEK BORDER AS PROTESTS CONTINUE

Migrant children look from inside a rail car at a train station near a makeshift refugee camp at the northern Greek border point of Idomeni, Greece on March 29, 2016. More than 15,000 people — nearly a third of the total stranded in Greece — are refusing to move to government-built shelters around the country, and remain at the border with Macedonia and at the port of Piraeus, near Athens.

Meanwhile, police have clashed with hundreds of migrants and refugees.

The protesters have blocked freight rail tracks for the past eight days, demanding that the border reopen. Macedonia says the border will remain closed to all migrants at least until the end of the year.

DARKO VOJINOVIC/ THE ASSOCIATED PRESS

Trump left scrambling

U.S. ELECTION

Republican front-runner to address delegate issue

He is the Republican Party's undisputed front-runner, yet Donald Trump's White House aspirations may now depend on a messy fight for delegates he is only now scrambling to address.

Acknowledging a late start in the nuts-and-bolts business of political wrangling, Trump's campaign Tuesday will announce plans to open a Washington, D.C., office to run its delegate operation and congressional relations team, said campaign senior adviser Barry Bennett.

In addition to the new space, Trump has hired a veteran political operative to serve as the campaign's convention manager. Paul Manafort, a seasoned Washington hand, will oversee the campaign's "entire convention presence" including a potential contested convention, said Bennett.

"We started ramping up a couple of weeks ago, but we're rolling now," Bennett said of Trump's delegate outreach efforts.

The day before, Trump's team vowed to pursue legal action against the Republican National Committee to protect his recent victory in Louisiana, one of many states that feature complicated rules allowing campaigns to influence the presidential nominating process weeks or months after their votes have been counted.

A similar process plays out nationwide every four years. Yet Trump's outsider candidacy is so far driven largely by media coverage instead of the on-the-ground organization that rival Ted Cruz boasts. Now, Trump must play catch-up — especially in the chase for delegates previously bound to former candidate Marco Rubio.

Tuesday's moves mark a major escalation in Trump's willingness to play by party rules and build alliances in a system he has so far shunned. It comes as Trump faces a Republican nomination battle that will almost certainly extend until the final day of primary voting on June 7 — or even to the party's July national convention in Cleveland — if he fails to secure the majority needed to become the presumptive nominee. THE ASSOCIATED PRESS

Donald Trump takes part in a CNN town hall with Anderson Cooper Tuesday in Milwaukee.
CHARLES REX ARBOGAST/THE ASSOCIATED PRESS

> **We started ramping up a couple of weeks ago, but we're rolling now.**
> Trump campaign senior adviser Barry Bennett

Campaign manager charged

Police charged Donald Trump's campaign manager with simple battery Tuesday as a videotaped altercation with a female reporter transformed what was another messy campaign sideshow into a criminal court summons. Trump decried the charges.

Jupiter, Fla., police determined that probable cause existed to file a criminal complaint against the Republican front-runner's most trusted political adviser, Corey Lewandowski, for an altercation that took place after a campaign appearance earlier in the month. Police on Tuesday morning issued Lewandowski a notice to appear before a judge on May 4 for the misdemeanour charge, which carries a sentence of up to a year in jail.

The development injects a court battle into an already contentious primary season just a week before a high-stakes primary in Wisconsin. It came on a day that all five presidential contenders campaigned in the state, overshadowing Wisconsin Gov. Scott Walker's endorsement of Ted Cruz and Bernie Sanders' push to narrow Hillary Clinton's delegate lead. THE ASSOCIATED PRESS

Judge says woman's lawsuit against Bill Cosby can go ahead

Janice Dickinson's defamation lawsuit against Bill Cosby should move forward, a judge ruled Tuesday, saying a trial can determine the truthfulness of the model's claims that the comedian raped her in 1982.

A jury can decide the credibility of Dickinson's allegations and whether a statement by Cosby's former lawyer branding her a liar was defamatory, Los Angeles Superior Court Judge Debre Katz Weintraub said.

The judge said in her ruling that she was not assessing the credibility of either Dickinson or Cosby. It also allows for the possibility that Dickinson could recoup punitive damages if she wins the case.

Dickinson sued Cosby in May after he denied her claims that he drugged and raped her in Lake Tahoe in 1982. She says she tried to include the story in a 2002 memoir, "No Lifeguard on Duty: The Accidental Life of the World's First Supermodel," but her publisher refused.

Cosby's attorneys tried to get the suit dismissed, arguing Dickinson's story about her interactions with Cosby had changed over the years. His legal team will have several other opportunities to challenge the case before it goes to trial, whose date has not been set.

Cosby lawyer Monique Pressley said in a statement that they are considering an appeal and believe Dickinson's lawsuit should be completely thrown out.

Dickinson's suit says she felt victimized again after the comedian's former lawyer, Marty Singer, denied the allegations.

Letters that Singer sent to reporters threatening to sue if they published Dickinson's claims are protected legal communications and cannot be used at trial, Weintraub also ruled.

The judge said her review of the evidence so far shows that while Singer offered an opinion on Dickinson's credibility based on certain facts, there is no indication he investigated whether the rape actually occurred.

"I will not go down," Dickinson told reporters after the ruling.

"I want Bill Cosby in court," she said. "I want him to stand under oath." THE ASSOCIATED PRESS

Bill Cosby THE ASSOCIATED PRESS FILE

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Home renos to boost your resale value

SELLING YOUR HOME

Start in the kitchen and work your way out

Lisa Evans

A renovated kitchen can yield a return on investment of 50 per cent or more. ISTOCK

Investing in curb appeal can do a lot to boost your home's value — it's people's first impression of your house. ISTOCK

If you're renovating your home with an eye to selling, it's wise to focus on the renos that will yield top dollar from potential buyers.

According to Elli Davis, a real-estate agent with Royal LePage, there are three main areas of the home where a reno can boost the asking price:

Kitchens and bathrooms

Davis says a renovated kitchen or bathroom can yield a return on investment of 50 per cent or more. They're the most-used rooms in the house, and many buyers seek out renovated kitchens and bathrooms simply because they don't want the cost and inconvenience of renovating them after they've moved in.

When renovating these rooms to sell, however, Davis recommends seeking the advice of a professional and choosing finishes that will appeal to a wide audience, not just your own taste.

"I've seen hot-pink kitchen cupboards or dark-blue cupboards," she says. "When you pick a colour that's not for everybody, it makes the audience smaller." Neutral tones are the smartest choice. "You can use bold colours in your towels and accessories but keep the tiles [and cabinets] light and bright," says Davis. It's also important to keep the height of the countertop and cupboards comfortable for the average person. Davis has seen homes with cupboards that only someone six feet tall can reach. "Don't think only of yourself but the average buyer and what they might want," she says.

Family-room additions

If your property has room for growth, Davis says a family-room addition is a wise investment.

"The hub of the house is usually the kitchen and family room," she says. One way to do this is by switching to an open-concept kitchen and living-room space, which fits with the desire of many modern families for a home that reflects a more casual lifestyle. An additional living space on the main floor yields a higher return on investment than a finished basement, according to Davis.

"Not everybody uses a basement," she says.

Landscaping

Investing in curb appeal can do a lot to boost your home's value in the eyes of potential buyers.

"It's people's first impression of your house," Davis says. A well-landscaped yard shows pride of ownership. Clean up your front yard, perhaps creating a pathway to the front door to make buyers feel welcome. Bring colour to your home's exterior by adding potted plants or even painting the front door. Creating a backyard deck also adds to your home's living space and is a great selling feature.

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Carry the colours of the season indoors by working them into your home decor in cushions, throws, accent pieces and artwork. ISTOCK

Decor that puts spring in your home

REFRESH YOUR HOME

Spring touches will impress potential home buyers

Lisa Evans

Spring has finally sprung, bringing with it new opportunities for sellers to breathe some spring life into their homes to persuade potential buyers. Decorating your home with vibrant spring colours not only brightens up the space but your mood — and those of potential buyers. Toronto Interior Designer Mimi Pineau says incorporating the colours of the season in your home can help you sell it faster.

"In spring, everything feels very energized and fresh and you want your home to reflect that," she says. Here are four easy ways to breathe spring life into your home:

Get rid of clutter

Spring is a great time to declutter. Sorting through all the things you've accumulated over the winter months and purging things you no longer need gives your home that airy feeling of spring and makes sure potential buyers don't get distracted by piles of paper or toys.

Bring in spring colours

Carry the colours of the season indoors by working them into your home decor in cushions, throws, accent pieces and artwork. Head to a home-design store to see what colours are in season and pick up several pieces in your chosen colour.

"You want to make sure there's a bit of that colour at different points of the room," says Pineau. When selling your home, Pineau recommends choosing colours that are universally appealing, such as greens, blues and yellows. "Colours like pink, that can be perceived as feminine, can throw some buyers off," she says.

Bring the outdoors in

As the trees outdoors start to turn green, add some greenery to your interior space as well. Plant an herb garden on your windowsill or bring in bouquets of brightly coloured tulips.

"They're very nice to look at and they make you really feel the season," says Pineau.

Swap textures

While heavy wool pillows and throws made your home warm and cozy in the winter, spring calls for lighter textures. Swap your heavy fabrics for breezy linens. You may also want to change up your heavy duvet for a lighter bedspread.

"White bed linens are always in style and you can add some accent cushions to change with the seasons," says Pineau. Don't forget to fluff up your pillows! "That breathes a bit of extra life and luxury," says Pineau.

THIS SPECIAL REPORT WAS CREATED BY CONTENT SOLUTIONS, INDEPENDENT OF METRO EDITORIAL.

Tech industry struggles to find skilled workers

EMPLOYMENT

Wanted: Web developers and coders

Three years ago, Erik Dohnberg was working at the Genius Bar at an Apple store in London, Ont.

He'd been there for 10 months after graduating with an information and media studies degree from Western University when he decided he wanted more.

With the intention of starting up his own business, Dohnberg signed up for a nine-week boot camp at Bitmaker Labs, a web developer training school in Toronto.

Within two weeks of completing the boot camp, Dohnberg had 16 job interviews and received two job offers. One of them was from Bitmaker Labs.

Tech skills programs like the ones at Bitmaker Labs have been sprouting up over the past few years in response to a tech talent shortage in Canada. It's a problem that has been bubbling to the surface, as more startups open up shop and try to recruit from an already-small pool of Canadian coders and developers.

A tutor helps a student at Lighthouse Labs in Toronto, Ont.
CHRIS YOUNG/THE CANADIAN PRESS

A report released earlier this month by the Information and Communications Technology Council estimates that 218,000 tech jobs will be created in Canada by 2020. It warns that it could cost the economy billions of dollars in lost productivity, tax revenues and GDP if Canada doesn't address the tech skills gap.

At Bitmaker, courses range from weekend boot camps to an intensive nine-week course for $9,000. The school believes anyone can learn how to code and its students include everyone from college and university dropouts to ex-engineers, investment bankers and skilled labourers. Bitmaker has also enrolled computer engineer and science graduates looking to update their skills.

Dohnberg said such boot camps are still not producing workers fast enough to meet the demands of the ever-evolving tech industry, making it vital for colleges and universities to tailor their programs for jobs in the sector.

Vancouver-based Lighthouse Labs, which also runs web developer boot camps, sees its role as completely separate from that of a post-secondary institution.

"We consider ourselves complementary to university. We're not trying to undercut it or disrupt it," said Jeremy Shaki, Lighthouse chief executive and self-proclaimed "chief talking officer."

The eight-week boot camp at Lighthouse accepts one out of three applicants, with the deciding factor being motivation, a coding background and a willingness to do hard work.

"We don't take people who are in it for the gold rush," said Shaki. THE CANADIAN PRESS

HIRING

Talent shortage means university not required

Before Hired launched in Toronto last November, nearly 27,000 people and more than 280 companies applied for the online service that matches job seekers with gigs in the tech sector.

About five per cent of applicants are approved to use Hired's services, and it usually charges firms 15 per cent of a new employee's first-year salary for each successful hire.

To Matt Mickiewicz, the company's co-founder and chief product officer, the high interest signals a problem — the jobs are there, but there are too few qualified candidates to fill them.

Canada's tech companies are in stiff competition for retaining top prospects. Organizations are struggling to find qualified applicants.

One of the top challenges for many is attracting and recruiting employees, according to an ICTC survey where more than 53 per cent of respondents identified it as a problem.

It's an issue Shopify, an Ottawa-based company, has encountered.

"In looking for folks who are going to raise the bar, absolutely, there are challenges," said Anna Lambert, Shopify's director of talent acquisition.

Tech companies must have an expansive recruitment strategy to bring in the best employees, she said. THE CANADIAN PRESS

Shopify's Harry Brundage and Anna Lambert THE CANADIAN PRESS

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metro VIEWS
Your essential daily news
Wednesday, March 30, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

My date had a poppy seed in her teeth during breakfast, but I didn't say anything in case I embarrassed her. Should I have said something?

Dear Ellen,

I was on a date recently, with a woman I met online. Actually it was the morning after, and it was breakfast. She had a poppy seed from a bagel stuck in her teeth, which was really noticeable, but I didn't say anything in case I embarrassed her. Then I thought, if she notices it in the mirror later, she'll be embarrassed anyway. Should I have said something?

R.D., Edmonton

Dear R.D.,

Your letter, like so many letters I get, raises all kinds of questions that may or may not have to do with etiquette — but which are fascinating nonetheless.

For example, you say you were on a "date," but I think we may fairly assume you had a night of sex that led to a "morning after." To some people, that might qualify as a relationship already. Others might call it a one-night stand. Your use of the rather quaint word "date" puts the encounter somewhere between the two.

You also fail to indicate whether it was a first date, or the 20th time you've been out with this person, and — if closer to the latter — at what point sexual congress began.

Finally, you specify that you "met online." It makes me wonder whether you approach online dates differently from IRL setups. Should one? Hmm, if the dates are being arranged via Ashley Madison or a BDSM site, then perhaps one should.

You should always say something when your companion has food in their teeth. ... The trick is to do it quickly and jovially.

What exactly is your relationship with this person? It's all very confusing.

Not the etiquette part. That's easy. The answer is yes, you should always say something when your companion has food in their teeth, or something hanging out of their nose, or their shirt buttons are gaping open to expose a brassiere, or they have a wire coat hanger dangling off the belt of their jacket, which I once had to point out to a roommate as she raced off to a job interview. I noticed the hanger as she ran out the door, and called out to her: "Stop! Come back!" This made her miss her bus, be late for the interview, and not get the job, which she still blames me for. But I maintain that if she showed up with the hanger on her belt, she wouldn't have got the job anyway.

Are there any exceptions to this rule? Yes, if you meet the Queen of England and she has food in her teeth, you may safely assume she has enough advisors around her to deal with the situation, and save yourself the trouble and discomfort of pointing it out. The same goes with dictators, muggers or your boss during a performance review. Whilst at the mercy of someone who has the power to end your life or career, it is acceptable to put your own social comfort before theirs.

In your encounter with your date, however, mentioning the poppy seed as soon as you noticed it would have been the considerate thing to do. To minimize embarrassment for either of you, the trick is to do it quickly and jovially (as if it's a funny, cute thing), and not in a low, embarrassed murmur (as if it's a horrifying, shameful thing).

And then, R.D., get on with your date, or relationship, or online hookup, or whatever it is you are doing with this woman, just so long as you continue to do so with good manners.

Need advice?
Email Ellen:
scene@metronews.ca

metroview

Rob Ford's dismal LGBT record needs to be remembered

Rob Salerno
For Metro

It's not surprising that in the wake of Rob Ford's death, commentators from all corners are rushing to forgive or explain away the former mayor's many personal failings.

But while pundits have occasionally contorted themselves into logical pretzels to explain away Ford's casual racism and misogyny — "He was just drunk!" "He always fights for the little guy!" — none has ever been able to explain away his deliberate and calculated anti-LGBT statements and actions.

Ford never hid anti-LGBT animus. From his earliest days on council, when he opposed funding small grants to diversity and AIDS-prevention campaigns, he made it explicit that his opposition stemmed from disgust with LGBT people, not from a desire to protect the public purse.

"I have no problem giving money out to physically or mentally handicapped children or seniors, but spending $5,000 on this video is disgusting," Ford said of an educational video about homosexuality in the South Asian community in 2001.

"If you're not doing needles and you're not gay, you won't get AIDS, probably," is another Ford classic that reveals not only shocking ignorance about AIDS, but a cavalier attitude toward the lives of gays and (ironically) drug users.

As mayor, Ford's opposition to the existence of LGBT people in the city intensified. The dispiriting annual game of will-he-or-won't-he-march-in-Pride provided his allies with a convenient set of excuses — it was about the city money given to Pride, and besides, he was spending time with his family — but through four years in office, he systematically avoided any opportunity to meet with the LGBT community in an official capacity.

When the city protocol office decided to raise the Pride flag at city hall during the 2014 Sochi Olympics to support LGBT Russians and athletes, Ford protested loudly and demanded it come down. Later that year, he made it a point to remain seated as council stood to congratulate the success of World Pride.

Beyond these symbolic gestures, Ford cast the lone vote on council against a report that recommended increased supports for homeless LGBT youth.

Ford's homophobia wasn't just a private matter, either. His "Nation" included a contingent of homophobes who ate up his provocations and responded with occasional violence toward LGBT people.

While the community stood firm and fought back, Ford's campaign to diminish the lives and dignity of LGBT people in Toronto should not be forgotten.

Rob Salerno is a gay journalist and activist who has written for Daily Xtra, NOW and Vice, among other outlets.

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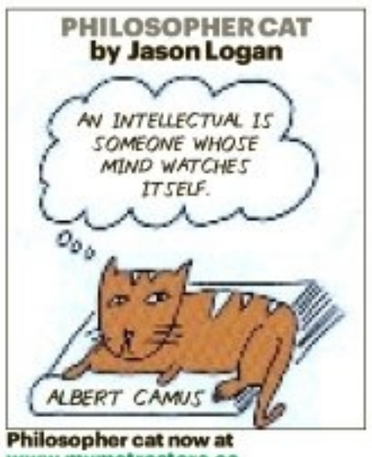

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metro LIFE

Your essential daily news

Campbell says it will remove BPA chemical from its cans by mid-2017

Juno menu hits all the right notes

Bass is Base Juno-award winning artist Roger Mooking is the first celebrity chef to curate the food for the 2016 Juno Gala Dinner & Awards with his exclusive three-course meal for Canada's music elite. Mooking's multicultural influences are reflected in the appetizer shared here **RECIPES COURTESY ROGER MOOKING**

STEP ONE

Spiced croutes

Yield: 4 servings

- Sidewalk Citizen Staple sourdough loaf
- 1/2 tsp ground cumin
- 1/2 tsp garlic powder
- 1/4 tsp sweet paprika
- 1/4 tsp ground black pepper
- 1/4 tsp sea salt
- 1 1/2 Tbsp extra virgin olive oil

Preheat oven to 350F. Slice sourdough loaf widthwise into 1/2-inch thick slices. Mix all ingredients together and using a pastry brush, distribute mixture on 4 slices of sourdough. Toast bread in oven 6 minutes. Let cool on baking tray.

STEP TWO

Slow roasted Sunset Campari tomatoes

Preheat oven to 350F. Toss whole Sunset Campari tomatoes gently with olive oil, salt and pepper. Bake in oven for 16 minutes. Cool on baking tray until room temperature. Store gently until service as they are meant to be blistered but intact for service.

Chef Roger Mooking.
ALL PHOTOS BY NIKOLAI CUTHILL

STEP THREE

Roasted garlic

- 12 garlic cloves, peeled
- olive oil
- salt and pepper
- 1/2 tsp water

Preheat oven to 350F. Toss garlic cloves with olive oil, salt, pepper and water. Place garlic cloves on prepared baking sheet and cover tightly with aluminium foil. Bake for 45 minutes or until cloves are tender. Let cool on baking tray.

STEP FOUR

Nuh Gana dressing

Yield: 6-8 servings

- 1 red sweet pepper, roasted, peeled and deveined
- 8 cloves of roasted garlic
- 2 Tbsp extra virgin olive oil
- 1 Tbsp white wine vinegar

Combine all ingredients in a high speed blender and puree until smooth.

STEP FIVE

Salad mix **Yield: 2 servings**

- 2 cups Loosely Packed Baby Kale
- 2 cups Loosely Packed Baby Arugula
- 1/2 cup Torn Fresh Basil Leaves
- 2 cups Torn Boston Bib Lettuce

Gently toss ingredients together to combine.

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4 GRILLED CHEESE TAKE IT TO THE NEXT LEVEL

Not that there needs to be a reason to celebrate, but April is National Grilled Cheese Month and Canada makes some of the best cheese (and bread) in the world. So if you're going to make a grilled cheese, treat the ingredients with respect. We got you covered, from the scientifically proven way to make the best cheese toast to three more adventurous flavour combinations. Trust us, it's gonna be Gouda. **PHOTOS AND TEXT BY TORSTAR NEWS SERVICE**

1 The scientifically proven perfect cheese toast

In an unexpected example of corporate synergy, the 175-year-old Royal Society of Chemistry, a U.K.-based non-profit of international chemical scientists, and the British Cheese Board came up with the formula for creating the perfect slice of cheese toast in August 2013. Head chemist Ruth Neale described the perfect slice thusly:

"As the result of tests we carried out in our Chemistry Centre kitchen, we found that the perfect slice can be made by melting 50 g of sliced hard cheese, such as cheddar, on a slice of white bread, 10 mm thick, under the grill. The cheese on toast should sit at a distance of 18 cm from the heat source — which in our grill was at a temperature of 115C — and needs to cook for four minutes to achieve the perfect consistency and taste."

Here's what it means for non-scientists:

Step 1: Put 50 grams of medium sharp cheddar on a slice of 1-cm-thick white sandwich bread.

Step 2: Place bread on a lined pan in the oven. Make sure the bread is 18 cm under the heating element.

Step 3: Broil for four minutes at 240F (115C), or the low setting (our cheese didn't start bubbling until the seven-minute mark, since oven temperatures can vary depending on the make and model).

Step 4: Eat it.

Verdict: Never doubt science. The slice of cheese was smaller than the slice of bread but once it melted, the gooey cheese melted perfectly to reach the four corners of the slice. I thought that the bread would be too thin, since a regular slice of Wonder Bread is thicker than 1 cm but it acted as the perfect vehicle for the cheese. The bread was crisp but not burnt so it didn't overshadow the flavour of the bubbly cheese. While turning on the broiler and breaking out the digital scale to measure cheese is a big production for toast, it is good to know of the potential deliciousness that could be had.

2 Zythologue and Apple Curry

Fans of a more pungent cheese should try this sandwich pairing by Toronto's Roncesvalles neighbourhood beloved fromagerie Thin Blue Line. **Makes 1 sandwich.**

Ingredients
- 2 thick slices sourdough
- Room temperature salted butter
- 3/4 cup grated Zythologue or raclette
- 1 Tbsp apple curry chutney or any fruit-based chutney

Directions
1. Butter both sides of bread. Sprinkle one slice with cheese and chutney and sandwich other bread slice on top.

2. Grill on a skillet over medium heat on both sides until bread is golden brown and cheese has melted. Serve immediately.

3 Beijing Grilled Cheese

Cheesewerks, the Toronto grilled cheese restaurant, has an eclectic menu and owner Kevin Durkee suggests making his Beijing grilled cheese where Asiago is paired with Chinese barbecue pork, yep, the kind you get in Chinatown. **Makes 1 sandwich.**

Ingredients
- Room temperature unsalted butter, for buttering bread
- 2 thick slices herb and onion sourdough, or plain sourdough
- 1 cup shredded Asiago
- 6 thin slices Chinese barbecue pork
- 2 green onion shoots, thinly sliced
- Hoisin sauce, to taste

Directions
1. Butter outside sides of bread. Layer one slice with pulled pork, cheddar and cucumber. Add mustard. Top with other slice of bread.

2. On a grill pan over medium heat, sear sandwich for 4 minutes on each side until cheese has melted. Cut sandwich in half and serve immediately.

4 Strawberry Compote and Mascarpone on Brioche

For a sweet take on cheese toast, Toronto cheese mecca Cheese Boutique owner Afrim Pristine would spread creamy mascarpone and tart strawberry compote on a buttery brioche. **Makes 2 brioches.**

Ingredients
- 2 small brioche buns
- 2 Tbsp mascarpone
- 1/4 cup strawberry compote (recipe follows)
- Balsamic vinegar, to taste

Directions
1. Preheat oven or toaster oven to 350 F.

2. Slice brioche buns in half. Spread mascarpone and strawberry compote on bottom halves of both brioches. Place bottom and top halves of brioches on a lined baking sheet and bake until mascarpone begins to melt and bread is slightly toasted, about 3 to 5 minutes.

3. Remove from oven. Drizzle balsamic vinegar on bottom halves of brioches. Place brioche tops on bottoms. Serve immediately.

Strawberry Compote
Makes about 1/4 cup strawberry compote.

Ingredients
- 1 cup strawberries, tops removed and quartered
- 2 tsp granulated sugar
- 2 tsp lemon juice

Directions
1. In a small saucepan over medium-low heat, add all ingredients and stir until sugar has dissolved. Bring to a slow simmer. Cover and continue to cook until strawberries become dark and syrupy.

2. Remove lid; stir occasionally to prevent burning. Remove from heat and let cool to room temperature.

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A salad pretty in pink

RECIPE

A light and herby option for warmer weather

Nothing quite tastes of spring like a salmon salad.

It's light and pretty and herby, and when you add pasta it becomes a real meal. It's also quite portable, so you'll want to think of this when you're envisioning lunch at your desk the next day, or when you're invited to a potluck event.

And talk about easy to make. Poach the salmon. Boil the pasta. Puree dressing.

Dump everything together and you're good. You can speed chill the salmon by popping it in the freezer for a few minutes.

But if you have more time, you certainly could poach the salmon the night before and refrigerate it until ready. Likewise, the pasta also could be cooled briefly in the freezer, spread in an even layer on a rimmed baking sheet (or similarly prepped the day before).

Some people really, really love cilantro, and some people really, really hate it. It's actually a genetic thing. For some people, it tastes soapy or otherwise unpleasant.

So this recipe — with its creamy cilantro dressing — clearly is for the lovers, and not the dish to make if you're not sure about your audience. But if you'd rather lose the cilantro, feel free to substitute fresh basil.

This salmon pasta salad serves six. THE ASSOCIATED PRESS

Pasta salad with salmon and creamy cilantro dressing

Start to finish: 30 minutes
Servings: 6

Ingredients:
- 2-lb salmon fillet, bones removed
- Kosher salt
- 1 lb cavatelli or elbow pasta

For the cilantro sauce:
- 1 cup fresh cilantro leaves, plus extra to garnish
- 1/4 cup minced shallots
- 1 tsp Dijon mustard
- 1/2 cup mayonnaise
- 1/4 cup plain Greek yogurt (or another 1/4 cup mayonnaise)
- 2 Tbsp heavy cream
- Pinch cayenne pepper
- Ground black pepper

Directions:

1. Set the salmon in a large sauté pan. If needed, cut the salmon into 2 pieces. Add cold water to just cover.

2. Season with 2 teaspoons salt, then bring to a boil. Immediately turn off the heat, cover the pot and let the salmon sit for 10 minutes. After 10 minutes, transfer the salmon to a plate and set in the freezer to cool.

3. Meanwhile, bring a large pot of salted water to a boil. Add the pasta and cook according to package directions, then drain. Rinse under cold water to cool. Set aside to drain.

4. Meanwhile, in a food processor or blender combine the cilantro, shallots, Dijon, mayonnaise, yogurt, cream and cayenne. Puree until smooth, then season with salt and pepper.

5. When the salmon is chilled, remove the skin, if necessary, and break the flesh into bite-sized chunks.

6. In a large bowl, combine the pasta, cilantro sauce and salmon, then toss gently to combine. Garnish with additional cilantro leaves.

THE ASSOCIATED PRESS

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Ice cream

There's nothing more satisfying than a scoop of ice cream, but the pint you pick matters!

PICK THIS

Nestle Parlour Chocolate Peanut Butter Frozen Treat 1/2 cup

Calories 110
Fat 4g
Sugar 14g

SKIP THIS

Haagen-Dazs Chocolate Peanut Butter Ice Cream 1/2 cup

Calories 380
Fat 26g
Sugar 26g

HERE'S WHY

Equivalent to as much fat as a Harvey's Original Hamburger with cheese, ketchup, mustard, relish, lettuce, tomato and pickles.

The creamy taste of the premium ice cream Haagen-Dazs is an extra indulgence. Haagen-Dazs is made with the best ingredients, including cream and egg yolks. However, the trade-off for calories and fat isn't worth it. If you're a big fan of the sweet stuff, stick to Parlour. You can get a similar flavour with a third of the calories, half the sugar and 6.5 times less fat.

What happens when 'It' goes on sale

STYLE

I'm a grown woman and I went bananas over a bag

Irene Kuan
Metro | Canada

I'm a level-headed, mature woman, but for a few minutes on the morning of March 29, I turned into a hyper-crazed, foaming-at-the-mouth maniac — for a handbag.

Touted as the bag to have by the international fashion gods, the black bucket bag with the red "flamma" interior by the little-known, yet notoriously hard-to-get brand Mansur Gavriel, has been on my must-have list for more than a year. I've never managed to snag one, though, and I seethe with jealousy whenever I see a woman carrying one.

Mansur Gavriel, an American fashion house founded by designing duo Rachel Mansur and Floriana Gavriel, came to the attention of the media in 2013, and has continued to make a bigger splash on the fashion scene with each new collection, including at the latest New York fashion week in February.

Called the first post-recession "it" bag by Business of Fashion in early 2015, Mansur Gavriel's bucket bag has reached such cult status that the company headed to court earlier this month to fight back against copycats.

I needed this bag. I didn't care about the cost, or my composure.

I needed this bag. I didn't care about the cost, or my composure. I counted down the minutes to 11 a.m. EST, PayPal account logged in and credit cards in hand. I had my boyfriend and a friend on standby in case anything went wrong (if you've tried buying a Mansur Gavriel online in the past, you'll know what I'm talking about).

Everything went wrong.

My black bucket bag was in the shopping cart, but my credit card was declined over and over again. Seconds ticked by as the "sold out" slash marks began appearing over each sought-after bag.

My heart began to sink, but then my friend texted. She got one! Then my boyfriend — he got one too!

So now I have not just one but TWO Mansur Gavriel bags. Price tag for both: $1,250 US.

Had I gone bananas?

Maybe I fell for the genius way the fashion brand marketed their product, playing up the small-batch, high-quality production of the Italian-made bags, teasing us for weeks with the tiny, online sales window.

But then I looked at Mansur Gavriel's Facebook page, as it filled up with angry comments from throngs of disappointed shoppers.

See, it is THAT hard to get, I thought. And I got not one, but TWO. Score.

Metro's Irene Kuan scored not one, but two coveted Mansur Gavriel bags. HANDOUT

JOBS BRIEF

Be ready for off-the-wall interview questions

Here are some of the top oddball job interview questions in Canada for the past year, according to a study by the jobs and recruiting company Glassdoor.

1. **"What was the last thing you Googled?"**
Tim Hortons Leadership Development Program job candidate in Oakville, Ont.

2. **"Which Game of Thrones character do you like most?"**
Bench Accounting Associate job candidate in Toronto.

3. **"If you could sit next to one person on a transcontinental flight, who would it be?"**
Salesforce Sales Representative job candidate in Toronto.

4. **"How do you calculate the number of red cars in a city?"**
Manulife Actuarial Associate job candidate in Toronto.

5. **"If you were a utensil, which one would you be and why?"**
Jack Astor's Cocktail Server job candidate in Kingston, Ont.

Cersei from Game of Thrones HANDOUT

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metro DRIVE
Your essential daily news

Vacuum-maker Dyson may develop electric car

Imperfect — but maybe perfect for you

REVIEW

Rogue great for cruising, but acceleration is sluggish

Jil McIntosh
For Metro Canada

When you're shopping, there is no perfect vehicle. Instead, it comes down to measuring the pros and cons — what you love, what you don't, and what you can live with — to come up with the right one.

That's what I did with the Nissan Rogue. There are some things it could certainly do better, but overall, I could live with this little trucklet.

It was completely redesigned back in 2014, a makeover that solved its interior-space inadequacies, especially the cramped rear seat.

It's now quite roomy inside despite its compact exterior dimensions.

You can even get a third row of seats, although I've never tried squeezing into one and don't imagine it would be pleasant.

My two-row version included a configurable cargo tray that can be lifted to hide valuables, dropped to accommodate taller items, or flipped up to keep grocery bags from sliding around.

The Rogue uses a 2.5-litre four-cylinder, mated strictly to an automatic continuously-variable transmission (CVT).

Its performance is fine once you're at cruising speed, but acceleration to get there is noisy and sluggish.

The ride is quiet and smooth, but I'd like more steering feel. All-wheel drive, optional on the two lower trim levels and standard on the top-line SL, primarily runs the front wheels but sends power to the rear ones when needed.

It can also be locked 50/50 at low speeds to get out of snow or mud.

There's a wide step over the sill. Once you're inside, the seats are very comfortable. And I love this: the seatbelt adjuster slides down farther than on anything else I've ever driven, so it doesn't choke shorter drivers.

> **I love this: the seatbelt adjuster slides down farther than on anything else I've ever driven, so it doesn't choke shorter drivers.**

The Rogue's starting price of $24,948 puts it mid-range with most competitors. My tester was the new SV Special trim, a version of the mid-range SV but $1,000 less since it lacks the SV's panoramic sunroof — a nice alternative if, like me, you want creature comforts but don't care for a glass top.

It's all part of choosing the vehicle that isn't perfect, but is ideal for you.

THE CHECKLIST | 2016 NISSAN ROGUE

THE BASICS

Type. Four-door, five-passenger compact SUV
Engines (hp/torque). 2.5-litre four-cylinder (170/175)
Transmissions. Continuously variable (CVT)
Price. $24,948 - $35,548; as-tested $29,548 (plus destination)

COOL FEATURES

- Configurable cargo compartment
- Sliding and reclining second-row seats
- Satellite radio
- Available blind spot warning and emergency braking
- Easy-Fill tire pressure system
- Hill start assist
- Available power liftgate

ROGUE PHOTOS JIL MCINTOSH/FOR METRO; ALL OTHERS HANDOUT

POINTS

- The rear-view camera has a limited view and is mainly for judging curbs when parking; the bird's-eye camera on higher trims is far superior.
- The Rogue has been in the top-ten list of best-selling SUVs and light trucks in Canada for 19 consecutive months.

MARKET POSITION

Nissan offers the Rogue and Juke in the compact SUV/CUV segment. The Juke's more fun to drive, but it's smaller and its styling isn't to all tastes, leaving the Rogue to appeal to a more mainstream audience.

THE COMPETITION

Ford Escape
Base price: $24,199

Toyota RAV4
Base price: $25,240

Honda CR-V
Base price: $26,190

3 STANDOUT CARS THAT TURNED HEADS IN NEW YORK

Some stunning new vehicles have been presented at this year's New York International Auto Show, which runs until April 3. Here are three to watch. AFP

1 Chevrolet Camaro ZL1

General Motors unveiled the Chevrolet Camaro ZL1, which comes with a 640hp V8 engine and a choice of six-speed manual or 10-speed automatic gearboxes. Surprisingly, the American carmaker hasn't yet announced performances for this car, which is due to land before the end of 2016. A convertible version, also presented at the New York event, should be available in early 2017.

2 Toyota Prius Prime

A rechargeable version of the Toyota Prius was presented in a worldwide premiere at the New York show. This doubles battery life in fully electric mode (over 50 km), for average fuel consumption of just 1.4l/100km and CO2 emissions at 32g/km. It also has an original solar charging system on the roof. The rechargeable Prius is scheduled to launch towards the end of 2016.

3 Subaru Impreza

The new version of this Japanese hatchback debuts the Subaru Global Platform architecture, increasing rigidity throughout the body and chassis by 70 per cent, according to the manufacturer. The first models are expected to land in North America by the end of the year.

Lincoln Navigator SUV reimagined as a 'sanctuary'

Lincoln unveiled a concept version of its Navigator full-size SUV ahead of the New York International Auto Show. FORD/CONTRIBUTED

LINCOLN NAVIGATOR SUV

Concept lighter, but still a behemoth

A spacious lounge on wheels.

That's Ford Motor Co.'s vision for the Lincoln Navigator SUV, due for its first major redesign in a decade. With help from actor and spokesman Matthew McConaughey, the brand unveiled a concept version of the vehicle recently at the New York International Auto Show.

The Navigator will drop some weight, helping fuel economy, but will still be a behemoth at more than 17-feet long.

Executives say engineers took steps to erase what Navigator customers didn't like and accentuate what they did.

By watching customers, engineers found that people wanted to relax in their SUVs with less complexity.

So they tried to create a "personal sanctuary" with large but supportive seats and a spacious feel.

They made the dashboard less cluttered with only essential information such as vehicle speed on the display.

Other information, such as the identity of a phone caller or a song on the radio, fades away after the first showing.

David Woodhouse, design director for the Lincoln brand, said they went for "a beautiful lounge-like space for the occupants."

Actor Matthew McConaughey and Ford CEO Mark Fields introduced the Lincoln Navigator Concept. THE ASSOCIATED PRESS

Lincoln has largely missed the luxury big SUV boom that happened in part because of cheap gasoline.

The brand sold only about 12,000 Navigators last year while its main competitor, General Motors' Cadillac brand, sold almost 36,000 Escalades. The Navigator, based on truck underpinnings, has been updated but not completely revamped since 2006.

Kumar Galhotra, president of the Lincoln brand, expects the new vehicle to capture a bigger chunk of the market now dominated by GM.

Galhotra wouldn't comment on expectations that the new Navigator will have an aluminum body like Ford F-150, which is 700 pounds lighter than the model it replaced.

The new model needs to be lighter to meet federal fuel economy standards. No gas mileage or weight figures for the new vehicle were released Wednesday.

The new Navigator will be smaller than the current extra-length version, but bigger than the standard model, which is 17.3 feet in length. The current standard model weighs 2.9 tons.

McConaughey made a short appearance on stage with executives, walking next to the Navigator and speaking briefly about it.

Ford CEO Mark Fields attributed the brand's recent sales increases in part to McConaughey.

Second- and third-row passengers get video screens behind the headrests that are a foot wide. Drivers can show their faces on the screens and communicate with the backseat passengers without turning around or yelling.

The SUV also will get a twin-turbo version of Ford's 3.5-litre V6 engine with over 400 horsepower.

THE ASSOCIATED PRESS

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2015 KIA CADENZA

18inch Alloy Wheels, Projection Headlights, LED Lightbar Taillights, Fog Lights, Power Folding Heated Mirrors, Solar Glass.
$194 B/W @ 4.97% OVER 84 MONTHS NOW ONLY $30,995

2014 BMW M235I

Sport seats, M Aerodynamics Package, 322 Horsepower, Auto-dimming rear view mirror, BMW Assist eCall, Heated steering wheel, Bluetooth
$359 B/W @ 4.97% OVER 84 MONTHS NOW ONLY $47,488

2006 ACURA TL

Air Conditioning, CD Player, Aftermarket GPS System, Power Mirrors, Power Steering, Heated Seats, Sunroof, Heated Exterior Mirrors, Bluetooth, ABS brakes
$152 B/W @ 9.96% OVER 48 MONTHS NOW ONLY $9,888

2007 HYUNDAI ACCENT SR

3 door hatchback, ABS brakes,power windows/locks/mirrors, A/C, automatic, CD Player, Height adjust, Privacy Cover, Split Folding rear seats
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metro SPORTS

Denzel Valentine of Michigan State and Buddy Hield of Oklahoma were unanimous selections to the AP 2015-16 All-America team

NHL CANUCKS LOSE IN VANCOUVER The Sharks' Michael Hale lands a punch to the face of the Canucks' Andrey Pedan on Tuesday night at Rogers Arena. The Canucks lost 4-1. DARRYL DYCK/THE CANADIAN PRESS

Morales 'setting the tone' for Caps

MLS

The talented midfielder leads MLS in scoring

Cam Tucker
Metro | Vancouver

Pedro Morales has been Mr. Automatic from the penalty spot so far this year.

He has successfully made all four of his penalty kicks this season, and those four goals have him leading Major League Soccer in that category early on.

It seems like an easy enough task: Step up to the spot, blast away, and maybe the goalie guesses right, but probably not. But given the Vancouver Whitecaps have yet to score a goal from open play through four games, such accuracy on penalty kicks from Morales shouldn't be taken for granted, as Vancouver improved its record to 2-2 early in the campaign.

Pedro Morales
JEFF VINNICK/GETTY IMAGES

The talented midfielder scored the lone goal of Saturday's home win over the Houston Dynamo, although the visiting coach, Owen Coyle, had some strong words of disagreement for the call that led to the Morales penalty.

"No, it's not easy taking a penalty. He's done it very calmly in the last couple of games," said Whitecaps head coach Carl Robinson.

"He's playing with confidence at the moment – not just his penalties but his all-around play. He's setting the tone for the team at the moment."

Morales showed similar form in 2014, his first season with the Whitecaps, when he scored 10 goals and had 12 assists, and was named MLS Newcomer of the Year. But hamstring and calf issues hampered his second year in Vancouver, and he just wasn't the same.

After the first month of this season, Morales needs only two more goals to match his total from all of last year in MLS competition.

The Whitecaps spent a good portion of Tuesday's training session working on trying to finish their scoring opportunities, which is an area that remains a work in progress.

Having Morales, such a talented distributor of the ball in the midfield, back to or near the top of his game should bode well for at least getting the ball to their wingers and strikers in the dangerous areas.

"When you're in a rhythm ... and you're playing well, the game becomes easy," said Robinson.

"And the game is easy with him. But he's put a lot of hard work into it as well."

32 PAIRS OF BOOTS STOLEN FROM CAPS

An alleged thief has made off with 32 pairs of boots from the Whitecaps' training facility at UBC, according to head coach Carl Robinson.

"Someone has managed to break in and steal my players' boots, which is not acceptable," said Robinson on Tuesday.

Some of the specialized boots have the names of the players' children on them and are special to the player, said Robinson.

A Whitecaps spokesperson said the club is investigating the incident, which is believed to have happened Monday night.

SOCCER

MSF asks fans to boot anti-gay chants

The Mexican Soccer Federation launched a campaign Tuesday urging fans to refrain from anti-gay chants that drew fines from FIFA earlier this year.

Called "Embraced by Soccer," the campaign consists of a couple of 30-second videos in which popular stars including forward Javier "Chicharito" Hernandez, captain and defender Rafael Marquez and midfielder Andres Guardado ask fans not to engage in discriminatory behaviour.

They were released hours before Mexico hosted Canada in a 2018 World Cup qualifier for the CONCACAF region. In a statement, the soccer federation said the clips aim to discourage "a practice that is contrary to respect and the dignity of people."

"For us, as a federation, this is a chant that we do not like. We have recognized that some people have interpreted it as a homophobic exclamation," Guillermo Cantu, the federation's secretary-general, said later.

"We do not believe that the fans mean it in that way - they come to have fun and nothing more," he added. "Nevertheless, we do think there are better ways of expressing enthusiasm and even messing with the opponent to put pressure on him."

Fans in Mexico are known for yelling a gay slur during kicks by opposing goalkeepers, something that gained global attention during the 2014 World Cup and prompted a FIFA disciplinary probe.

Back then the world soccer body opted not to penalize the federation, saying the shouts were "not considered an insult in this specific context."

But this January, FIFA levied $20,000 fines on the soccer federations of Mexico, Argentina, Peru and Uruguay for what it called "insulting and discriminatory" chants. Mexico's fine involved a match in November when the slur was directed at El Salvador's goalkeeper. THE ASSOCIATED PRESS

Canada's Junior Hoilett, left, and Mexico's Paul Aguilar vie for the ball during Tuesday night's World Cup qualifier in Mexico City. **Go to metronews.ca for coverage of the match.**
RONALDO SCHEMIDT/AFP/GETTY IMAGES

IN BRIEF

England loses to Netherlands in friendly
Three days after beating the world champions, England was given a reality check ahead of the European Championship by a team that didn't even qualify for the tournament. England squandered a lead and lost 2-1 to the Netherlands in an international friendly at Wembley Stadium on Tuesday, stalling the momentum built up after consecutive wins over France in November and Germany on Saturday.
THE ASSOCIATED PRESS

France enhances security for European Championship
French President Francois Hollande says private security firms have hired an additional 3,000 people for the European Championship soccer tournament.

After last week's Brussels attacks that killed at least 35 people, French authorities decided to continue with Euro 2016 from June 10-July 10 as planned, including the fan zones where spectators gather to watch games on large screens.
THE ASSOCIATED PRESS

CONCUSSIONS

Emails show NHL concern

Unsealed NHL documents in the concussion lawsuit brought by former players reveal an internal debate by league officials over head injuries and a deeper concern about the impact of fighting than what has been publicly shared by NHL leadership.

Spokesman Frank Brown said Tuesday the league's stance has not changed from commissioner Gary Bettman's comments during all-star weekend. Bettman said then that the release of the "out of context" documents would be "a distraction at best" and "not impact the merits of the case."

The material was obtained by The Associated Press from counsel for the plaintiffs and was first reported by TSN.

More than 100 former NHL players have joined the class action against the league over its handling of concussions.

THE ASSOCIATED PRESS

"I certainly hope that the NHL is thinking both of its responsibility towards its players and to the example of so many young people who look to the NHL as a dream.

Prime Minister Justin Trudeau

The Arena at TD Place to host June 18 UFC event

MMA

6 Canadians to join MacDonald on Ottawa card

The UFC has added six Canadian fighters to its June card at The Arena at TD Place in Ottawa.

The MMA organization had previously announced the card's main event — No. 1 welterweight contender Rory (Red King) MacDonald against No. 2 Stephen (Wonderboy) Thompson — but the venue was not made public until Tuesday. The UFC also unveiled eight more fights on the card.

Montreal-based MacDonald (18-3-0) is coming off a UFC 189 loss to 170-pound champion (Ruthless) Robbie Lawler while Thompson (12-1) stopped former welterweight title-holder Johny (Bigg Rigg) Hendricks last time out.

Also on the Ottawa show, Montreal welterweight Patrick (The Predator) Cote takes on American Donald (Cowboy) Cerrone. Ranked No. 9 at 155 pounds, Cerrone (29-7-0 with one no contest) won his welterweight debut in February when he stopped Alex Oliveira. Cote (23-9-0) has won his last three fights and is 5-1 since dropping to welterweight three years ago.

In choosing The Arena at TD Place, the UFC opted for the smaller of the two main arenas in Ottawa. The televised card will be held at the 10,000-seat home of the OHL Ottawa 67's rather than the larger Canadian Tire Centre where the Senators play.

Tom Wright, the UFC's executive vice-president and general manager for Australia, New Zealand and Canada, said the smaller venue was chosen because its location allowed for "fan experience" and other events prior to the show.

Venue size was not a major factor, he said, adding that the Canadian Tire Centre capacity would be reduced to 16,000 or less due to the fight-night setup.

Ottawa becomes the ninth Canadian city to host a UFC show, joining Calgary, Halifax, Montreal, Quebec City, Saskatoon, Toronto, Vancouver and Winnipeg.

THE CANADIAN PRESS

Canada's Rory MacDonald will fight Stephen Thompson on June 18 at The Arena at TD Place.

DEREK LEUNG/GETTY IMAGES

OTHER FIGHTS

- Former minor-league hockey enforcer Steve Bosse (11-2-0) of St-Jean Sur Richelieu, Que., meets American middleweight Sean O'Connell (17-7-0).
- Toronto's Elias (The Spartan) Theodorou (11-1-0) takes on American middleweight Sam Alvey (25-7-0 with one no contest).
- Charlottetown's Jason Saggo (11-2-0) tackles Brazil lightweight Leandro Silva (19-2-1 with one no contest).
- Toronto light-heavyweight Misha Cirkunov (11-2-0) looks for his third win in the UFC when he faces Moldovan newcomer Ion Cutelaba (11-1-0).
- Montreal lightweight Olivier Aubin-Mercier (8-2-0) fights France's Thibault Gouti (11-1-0).
- American middleweight Tamdan McCrory (14-3-0) faces Poland's Krzysztof Jotko (17-1-0)
- Montreal-based Dominican welterweight Alex Garcia (13-3-0) meets American Colby Covington (8-1-0).

IN BRIEF

Djokovic reaches Miami Open quarter-finals

Novak Djokovic rolled his eyes after a backhand found the net, shrugged after an early barrage of errors, double-faulted eight times and even heard the crowd at times pulling for his opponent.

Looking for his fifth title on Key Biscayne in six years, the world's top player reached the quarterfinals Tuesday with a 6-3, 6-4 win over 14th-seeded Dominic Thiem of Austria. THE ASSOCIATED PRESS

Harvey on track for opener

New York Mets ace Matt Harvey remains on track to start Sunday night's opener at Kansas City after passing a blood clot in his bladder.

Harvey reported the issue to Mets staff on Monday and he was the lone player not to travel to Jupiter, Florida, for an exhibition game against St. Louis. THE ASSOCIATED PRESS

Bulls end 4-game skid

Jimmy Butler made a tie-breaking jumper with 3.7 seconds left, and the Chicago Bulls beat the Indiana Pacers 98-96 on Tuesday night to snap a four-game losing streak.

Nikola Mirotic scored 28 points as Chicago (37-37) got back to .500. He made seven 3-pointers, his final one tying it at 96 with 2:19 remaining.

THE ASSOCIATED PRESS

Islanders beat Hurricanes

Kyle Okposo scored the only goal of the shootout and the New York Islanders rallied for a 2-1 victory over the Carolina Hurricanes on Tuesday night.

Derek Ryan put the Hurricanes ahead 1-0 late in the second period but hit the post on his shootout attempt in Carolina's NHL-high 16th overtime loss.

THE ASSOCIATED PRESS

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RECIPE Spaghetti with Pancetta and Spinach

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

You already know pasta is an easy way to tackle dinner but this dish is not only fast but it's packed with flavour. Thank you, pancetta.

Ready in
Prep time: 10 minutes
Cook time: 15 minutes

Ingredients
- 250 g spaghetti
- 1/3 cup oil, divided
- 1 clove garlic
- 1/2 cup diced pancetta
- 5 oz. fresh spinach
- 1 cup fresh shaved asiago cheese

Directions

1. Bring a pot of heavily salted water (it should taste like the ocean) to boil and add pasta; cook according to package directions.

2. Heat a large skillet over medium heat and then add a tablespoon of oil. Add garlic and cook for about 1 minute, until fragrant. Add pancetta and cook until browned. Adjust the heat to low and then stir in the spinach and allow it to wilt.

3. Once pasta is done, add to the pan with spinach along with the remaining oil and stir. Sprinkle pasta with asiago cheese. Remove pasta from heat and serve.

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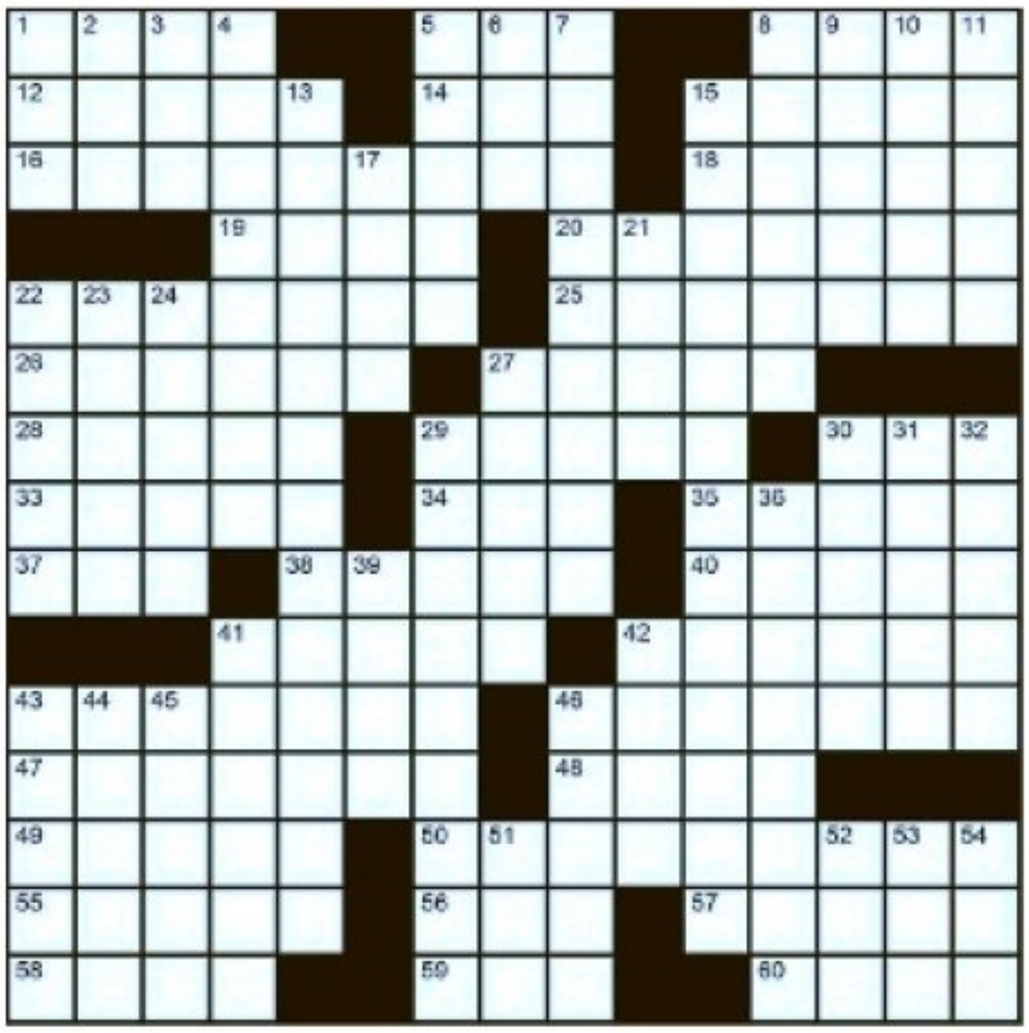
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Mr. Clayton of U2
5. City ride
8. Legally fair
12. Canadian eyewear chain, __ Optical
14. Cuckoo bird
15. Del __ (Canned fruit brand)
16. Tilted up against: 2 wds.
18. Variety of flower
19. Nylons nuisance
20. Store employee at the counter
22. Married Canadian hosts of #15-Down, __ and Dave Wilson
25. Miss Havisham's ward
26. Islands of Portugal
27. French __ (Fast food order)
28. Don Juan types
29. Cloudiness of vision
30. "Star Trek: Voyager" role
33. English speaker, for short
34. Quebec flag symbol, Fleur-de-__
35. Unfresh, as bread
37. Golfing prop
38. Contaminate
40. Western movie
41. Blue Rodeo's "__ Hit Me Yet"
42. "The __" (Steve Carell series)
43. Scattered
46. Seats for Miss Muffet
47. Muse of comedy in Greek myth, and her namesakes
48. Strait of Belle __
49. Comic actress Ms. Wilson
50. Divide, as with a wall
55. Have __ of one's own
56. Be in debt
57. Fried foods coating, perhaps
58. "__ Dinah" by Frankie Avalon
59. Writer Mr. Lawrence, et al.
60. Skim

DOWN
1. Hamilton Bulldogs org.
2. Actor, Daniel __ Kim
3. Alias, e.g.
4. Troubadour
5. Loose fitting
6. One, in Mexico
7. Most earnest
8. Teasingly jokes
9. Johnny Mathis hit bit: "..._ the twelfth of never..."
10. Structural material
11. Earth
13. Team the Ottawa Senators play at the Xcel Energy Center: 2 wds.
15. Nashville-set reno/realty show, on W Network and HGTV: 3 wds.
17. Refusals in Glasgow
21. Nepal's location
22. 18-__ gold
23. Earth's sky layer
24. "I Heard I Had" by Vancouver band Dear __
27. Fire-making aid
29. Changing traffic lanes concern
30. Ms. Couric
31. Turn a person into a politician
32. Parched periods
36. Prom dress materials
39. Drifting
41. Roch Volsine song
42. Air freshener brand
43. Priceless violin, for short
44. Subject
45. Fervent
46. Cars have four
51. Wonderment
52. "Monsters, __." (2001)
53. River to the Volga
54. Napierville negative

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Avoid intense discussions and encounters with bosses, parents, teachers and VIPs today. They could quickly disintegrate into a nasty argument!

Taurus April 21 - May 21
Research that you do today might yield something shocking. It could be a secret from the past. It also might relate to politics or religion. Be careful how you use this information.

Gemini May 22 - June 21
Discussions with a friend or a member of a group might turn into a power struggle today. Don't try to force your opinions on anyone else, and don't let anyone do this to you.

Cancer June 22 - July 23
This is a poor day to talk to authority figures, because you probably are obsessed with an idea. You're like a dog with a bone. This will not go over too well. Wait for another day.

Leo July 24 - Aug. 23
Avoid controversial subjects, because you will end up arguing about politics, religion or racial issues. People are intense and obsessed today!

Virgo Aug. 24 - Sept. 23
Quarrels about shared property, inheritances, taxes, debt and jointly held possessions might come to a head today. However, this is a poor day for these discussions. Ya think?

Libra Sept. 24 - Oct. 23
Avoid quarrels with partners and close friends today. Either you or someone else won't let go of an idea, which is the source of the problem.

Scorpio Oct. 24 - Nov. 22
You might have to fix broken equipment at work today. In doing so, avoid quarrels with co-workers who think they know better.

Sagittarius Nov. 23 - Dec. 21
Parents should be easygoing with kids today, because it's a quarrelsome day. Likewise, romantic partners might experience conflict. Just let it go. Lighten up.

Capricorn Dec. 22 - Jan. 20
Be tactful during family discussions today because people are obsessed about issues. Home repairs are one thing that seems to be on the table right now.

Aquarius Jan. 21 - Feb. 19
Do not try to coerce others to agree with you today. (Ironically, you won't get them to agree anyway.) Just keep things light, because relations with others are intense.

Pisces Feb. 20 - March 20
If shopping today, be careful! You might buy something regardless of whether you should do this or not. Avoid quarrels about money and possessions, as well.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	7					6		
3			9		2	7	4	
							9	5
	8			9			7	
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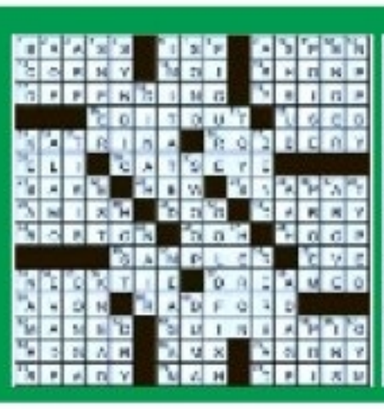

5	8	7	9	2	4	1	3	6
2	6	1	8	7	3	9	5	4
9	4	3	6	5	1	2	8	7
7	5	2	1	4	6	8	9	3
3	1	6	5	9	8	4	7	2
8	9	4	2	3	7	5	6	1
1	3	9	4	6	5	7	2	8
6	2	8	7	1	9	3	4	5
4	7	5	3	8	2	6	1	9

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